

CAMP SPONSORED BY ...

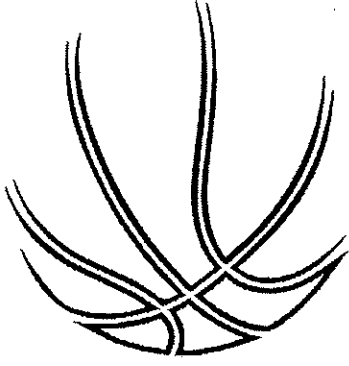
Thompson Recreation Commission
P.O. Box 899
North Grosvenordale, CT 06225
860-923-9440

FOR ADDITIONAL INFORMATION CALL...

Don Cushing at 508-943-8959

ONLINE REGISTRATION AVAILABLE AT
WWW.THOMPSONREC.ORG

LIMITED ENROLLMENT



REGISTRATION 2026 TOURTELLOTTE INSTRUCTIONAL BASKETBALL CAMP

Male: _____ Female: _____ Youth L - Adult Shirt (S, M, L, XL, 2XL): _____ Division Requested: NCAA (Ages 7-11) _____ NBA (Ages 11-17) _____
Name: _____ Date of Birth: _____ Age: _____ Home Phone: _____
Mailing Address: _____ Height: _____ Year at Tourtelotte Camp: _____
City: _____ State: _____ Zip: _____
School (next yr): _____ Grade (Entering): _____ Email: _____
Parent(s) Names: _____ Parent(s) Cell Number: _____ Parent(s) Fax Number: _____
Emergency Contact Name: _____ Phone Number: _____

Does your child need an inhaler or epi-pen? _____ Yes _____ No (If your child has a prescribed epi-pen or inhaler, there must be one available at the program and additional form(s) must be completed. Forms available at Thompson Recreational office or www.thompsonrec.org.)

Will your child need to take medication during program hours? _____ Yes _____ No (If yes, medication must be provided to the program and additional form(s) must be completed.)

Does your child have any medical needs/conditions that the staff should be aware of? _____ If yes, please explain _____

Payment Enclosed: \$ _____ Cash _____ Check #: _____ Applying for Financial Assistance _____
(Thompson Residents only)

Note: Financial Assistance is available to Thompson residents for this program. Guidelines and applications are available at www.thompsonrec.org or stop by the Recreation office. The Financial Assistance Application must be sent in with the registration form.

Send check payable to: TRC
% Thompson Recreational Commission
P.O. Box 899, North Grosvenordale, CT 06255

I, the parent of the above son/daughter give my approval to participate in the Tourtelotte Instructional Basketball Camp and all its activities. I do assume all risks and hazards related to participation including transportation to and from the camp. I hereby waive, release, absolve, indemnify, and agree to hold harmless the Town of Thompson, all involved with the Thompson School Department, Thompson Recreation Commission, Camp Directors and Staff, other participants and persons transporting my son/daughter to the camp, for any claim resulting from any athletic, dental or bodily injury that may occur to my son/daughter while attending the camp. I also grant my permission for emergency medical care if I am not available. I understand there is a \$20 fee for checks returned by the bank. I understand there are no refund for missed classes. Photos of my child may be used for promotional purposes.

Date: _____ Parent/Guardian Signature: _____

21ST ANNUAL

**TOURTELLOTTE
INSTRUCTIONAL
BASKETBALL CAMP**

Monday, June 22, 2026
thru

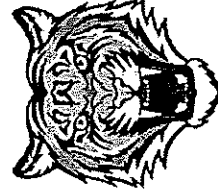
Thursday, June 25, 2026

Boys and Girls - Ages 7-17

AT

**TOURTELLOTTE MEMORIAL
HIGH SCHOOL**

785 Riverside Drive - North Grosvenordale, CT



Don Cushing, Co-Director
High School and College
Coach for over 40 years.

Tom Espinosa, Co-Dir
Putnam Science
Adacemy Coach for
over 20 years.

TYPICAL DAILY SCHEDULE

8:15	Camp Doors Open
8:15-8:55	Individual Warmup
8:55-9:25	Camp Meeting & Stretching
9:30-10:00	First Station
10:05-10:35	Second Station
10:55-11:40	5-on-5 Full Court Game
11:40-12:20	Lunch (Bring your Own - Sport Drinks and Water Sold)
	Free Throw Competition
	1-on-1 Competition
	2-on-2 Competition
	Coaches Lecture
12:20-12:40	Hot Shot Competition
12:40-1:00	Third Station
1:05-1:35	Fourth Station
1:40-2:10	5-on-5 Full Court Game
2:15-3:00	Camp Day Ends
3:05	Camp Doors Close
3:30	

Camp Philosophy

The Tourtelotte Basketball Camp is a 4 day co-educational experience.

Our emphasis is on developing the skills of all players ranging from elementary through High School grade 11 students. The program is designed to teach the fundamentals in the sport of basketball in a fun and non-competitive learning environment.

Players will be grouped by both age and ability for both instructional sessions and game competition.

All campers will learn the drills and skills necessary to further aid their self improvement.

CAMP OBJECTIVES

- 🏀 To teach and develop individual offensive and defensive skills.
- 🏀 To give each camper individual attention
- 🏀 To promote correct basketball techniques through an enjoyable and educational environment.
- 🏀 To provide local athletes with a quality team sport learning experience at a low cost expense.
- 🏀 To expose youngsters to a camp atmosphere which instills a fundamental knowledge of the game of basketball.

Special Features

- 🏀 4 Indoor Full Sized Basketball Courts
- 🏀 12 Regulation Baskets Available for Instruction
- 🏀 Experienced Coaching Staff (college and High School)
- 🏀 Individual and Team Contests
- 🏀 Individual Instruction (1 coach to 10 athletes)
- 🏀 Camper Evaluation Reports
- 🏀 Receive a Camp T-Shirt

CAMP PROGRAM

Campers Divided into 2 divisions by:
Age-Grade-Ability

- 🏀 NCAA - Ages 7-11
- 🏀 NBA - Ages 11-17

Each Camper will play two games daily.
Campers will attend four stations daily.

- 🏀 Defense
- 🏀 Individual Offense and Shooting
- 🏀 Rebounding/Fast Break
- 🏀 Fundamentals (Ball Handling, Dribbling, Passing)

1-on-1 and 2-on-2 :Fundamentals involving all campers.

Foul shooting and Hot Shot shooting charted on daily basis.

Awards

Awards for NCAA and NBA Include:

- 🏀 Camper of the Week (Boy & Girl)
- 🏀 Most Improved Player (Boy & Girl)
- 🏀 Most Hustle (Boy & Girl)
- 🏀 2-on-2 Champion
- 🏀 1-on-1 Champion
- 🏀 Hot Shot Champion (Boy & Girl)
- 🏀 Free Throw Champion (Boy & Girl)